



### Nutrient Breakdown

	Required	Total	%
<b>Energy kcal</b>	1000.00	1000.17	100%
<b>Protein g</b>	34.45	106.46	309%
Tryptophan g	0.48	1.08	224%
Threonine g	1.47	4.41	300%
Isoleucine g	1.26	4.58	363%
Leucine g	2.31	8.25	357%
Lysine g	1.16	8.44	730%
Methionine g	1.16	2.59	224%
Cystine g		1.13	
Methionine and Cystine g	2.21	3.71	168%
Phenylalanine g	1.58	4.27	271%
Tyrosine g	2.52	3.59	142%
Phenylalanine and Tyrosine g	2.52	7.86	312%
Valine g	1.68	5.10	304%
Arginine g	1.22	7.36	603%
Histidine g	0.65	2.89	443%
Alanine g		6.02	
Aspartic acid g		9.84	
Glutamic acid g		15.47	
Glycine g		5.30	
Proline g		4.33	
Serine g		4.49	
Hydroxyproline g		0.38	
Taurine mg		0.00	
<b>Total lipid (fat) g</b>	18.90	55.04	291%
Linoleic acid * g	3.78	7.30	193%
Alpha-Linolenic Acid * g	0.15	1.56	1062%
Arachidonic Acid * g		0.47	
20:5 n-3 (EPA) g	0.16	0.39	250%
22:6 n-3 (DHA) g	0.16	0.56	358%
EPA + DHA undifferentiated g		0.00	
EPA + DHA Total g	0.32	0.96	304%
Omega 6 : Omega 3			3.03

	Required	Total	%
<b>Serving Size g</b>		752.00	
<b>Water g</b>		559.48	
<b>Dry Matter g</b>		192.52	
<b>Ash</b>		9.00	
<b>Minerals</b>			
Calcium, Ca mg	1365.34	2128.70	156%
Iron, Fe mg	10.50	13.12	125%
Magnesium, Mg mg	206.90	292.31	141%
Phosphorus, P mg	1050.26	2020.75	192%
Potassium, K mg	1470.36	2919.25	199%
Sodium, Na mg	275.17	506.19	184%
Zinc, Zn mg	21.01	32.96	157%
Copper, Cu mg	2.10	3.26	155%
Manganese, Mn mg	1.68	3.19	190%
Selenium, Se µg	123.93	139.62	113%
Chloride, Cl mg	420.10	0.00	0%
Iodine, I µg	310.88	150.00	48%
Ca:P	1.00		1.1
Zn:Cu	9.50		10.1
<b>Vitamins</b>			
Vitamin C, total ascorbic acid mg		34.56	
Thiamin mg	0.78	1.03	133%
Riboflavin mg	1.80	3.34	186%
Niacin mg	5.99	36.38	608%
Pantothenic acid mg	5.15	8.83	172%
Vitamin B-6 mg	0.51	3.04	591%
Folate, total µg	93.47	194.60	208%
Choline, total mg	588.14	265.07	45%
Betaine mg		60.27	
Vitamin B-12 µg	12.08	56.43	467%
Retinol µg	525.13	2422.82	461%
Vitamin E (alpha-tocopherol) mg	80.11	138.71	173%
Vitamin D3 (cholecalciferol) µg	4.73	3.58	76%
Vitamin K (phyloquinone) µg	567.14	217.38	38%